

What's on? September to December 2010

Springfield Children's Centre

Please call 01432 261730 or E-mail scc@herefordshire.gov.uk

Springfield Children's Centre is situated on Riverside Primary School's site, Belmont Avenue, Hereford. (Near Asda)

The centre provides a wide range of activities and support groups for children and their families.

All our staff are friendly and approachable. Centre workers and Family Support are available for support, information and advice.

Look on the back for group descriptions & how to find us.

Day	Morning	Afternoon
Mon	<p><u>COMING SOON</u> Soft Play 10.30 - 11.30 am Rainbow Room-5</p>	<p>Jelly Babies 1.30 - 2.00pm (Weekly) Green Room-4</p> <p>Jelly Tots 2.15 - 2.45pm (Weekly) Green Room-4</p>
Tue	<p>Story & Rhyme 10.30 - 11.30am (Weekly) Red Room-2</p>	<p>Polish Group 1.30 - 2.30pm (Weekly) Red Room-2</p>
Wed	<p><u>Parent Course</u> Getting Started (10weeks pre booked) 9.45 - 11.45am Creche Room-1 & Craft Room-7</p>	<p><u>COMING SOON</u> Keeping Active 1.00 - 2.30pm Craft Room-7</p>
Thu	<p><u>Parent Course</u> Lets Talk with under 5's (7weeks pre booked) 9.30 - 11.30am Creche Room-1 & Craft Room-7</p>	<p>Stay & Play 1.00 - 2.30pm (Weekly) Blue Room-6 & Craft Room-7</p>
Fri	<p>Little Green Fingers 10.30 -11.30am (Weekly) Outside (Weather permitting) Or Red Room-2</p>	<p>Early Beginnings Stepping Stones Run by Community Nursery Nurses 1.00 - 2.30pm Blue Room-6 & Craft Room-7 (Weekly)</p>



Soft Play

An hour long session of fun moving around the soft padded apparatus of multi shapes & sizes. For children under 5yrs. A drink will provided at the end.
(Please make sure your children have socks on or with them)

Jelly Babies

Baby bounce for babies from birth to 14 months. The session is for 30mins and encourages parents/carers to share rhyme and songs with their babies.

Jelly Tots

This is an action songs for toddlers group which is 30mins long and designed for 14months - 2 1/2yrs.

Story & Rhyme

Group for children ideally aged 2 1/2yrs+ to explore stories, rhymes and music within a friendly environment.

Polish Group

A drop in group for Polish families with the support of a Polish translator.
(Occasional Health Visitor available.)

Keeping Active

Group for children aged 3yrs+ & parents/carers. Will take place either indoors or out incorporating a wide variety of activities including dance, games, healthy eating and many more.
A drink will provided at the end.

Stay & Play

Activity based group for under 5's. Opportunity for parents/carers to join in, grandparents welcome too, to experience play with their children in a safe fun environment.

Little Green Fingers

Group welcoming anyone caring for pre-school children approx 18 months plus. Set in private garden within centre grounds. Explore the outdoors through a variety of activities. New ideas welcome. If the weather is not good then an alternative indoor plan will be provided.
(Please come prepared to possibly get a little bit dirty & wet.)

Early Beginnings

Postnatal Group, run by a community Nursery Nurse. Birth – 6 months. A wonderful opportunity to meet other mum's and babies and make new friends.

Stepping Stones

Group following on from Early Beginnings for babies aged 6 – 18 months(OR as soon as they are mobile) Run by a Community Nursery Nurse. It is a friendly and relaxed group where parents/carers can support each other.

Parent Courses – Please ring for information and to book. Creche is available with limited spaces.

